

Absolutely English Young Learners Summer Weekly Menu – Breakfast



ABSOLUTELY
ENGLISH
Young Learners

*Please note this menu is subject to change and is meant as an example only.

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Hot Options	Bacon Fried Eggs Cooked Tomato	Pork Sausages Hash Browns Vegetarian Sausages	Bacon Boiled Eggs Mushrooms	Beef Sausages Baked Beans Poached Eggs	Pork Sausages Scrambled Eggs Vegetarian Sausages	Bacon Hash Browns Baked Beans	Pork Sausages Fried Eggs Vegetarian Sausages
Pastries	Croissant	Pain Au Chocolat	Danish Pastry	Croissant	Danish Pastry	Pain Au Chococlat	Croissant
Cereals	Daily selection of different cereals is available.						
Breads	Daily selection of different breads is available for toast etc.						
Cold Meat Selection	Daily selection of different cold meats is available.						
Fruits & Yoghurts	Daily selection of different yoghurts is available along with fruit platters.						
	There will also be a selection of teas, coffees and fruit juices available daily.						

Absolutely English Young Learners Summer Weekly Menu – Lunch



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Week 1	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Homemade Soup	Cream of Broccoli	Roasted Red Pepper & Tomato	Cream of Vegetable	Carrot & Coriander	Cream of Mushroom	<p>Packed Lunches</p> <p>A choice of different sandwich fillings is available including vegetarian options.</p> <p>Snacks, fruit and drinks are also provided.</p>	<p>Packed Lunches</p> <p>A choice of different sandwich fillings is available including vegetarian options.</p> <p>Snacks, fruit and drinks are also provided.</p>
Pasta Bar	Daily Pasta Bar with Choice of Meat and Vegetarian Toppings						
Main Course	Turkey Escalope With BBQ Sauce and Cheese	Cajun Spiced Salmon Fillet	Cumberland Sausages with Onion Gravy	Meatballs in Tomato Sauce	Homemade Fish Cakes		
Vegetarian	Ricotta Tortellini with Spicy Tomato Sauce	Roasted Vegetable Strudel	Parmesan & Pea Risotto	Quorn Stir-Fry	Vegetable Paella		
Potatoes/Rice	Lyonnais Potatoes	Steamed New Potatoes	Creamed Potatoes	Fusilli Pasta	French Fries		
Vegetables	Sautéed Courgettes Carrots	Broccoli with Red Peppers Sugar-snap Peas	Braised Red Cabbage Green Beans	Mange Tout Sautéed Leeks	Garden Peas Sweetcorn		
Dessert	Fruit Flapjack Daily fruit selection	Sticky Toffee Pudding with Toffee Sauce Daily fruit selection	Apple Strudel & Cream Daily fruit selection	Lemon Tart & Cream Daily fruit selection	Eton Mess Daily fruit selection		
Salads	Daily Salad Bar	Daily Salad Bar	Daily Salad Bar	Daily Salad Bar	Daily Salad Bar		
Jacket Potatoes	Daily Jacket Potato Bar with Choice of Different Toppings						

Absolutely English Young Learners Summer Weekly Menu – Dinner



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Week 1	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Main Course	Lamb Kofta with Raita Dip & Gammon Steak with Pineapple	Spaghetti Bolognese & Chicken Kiev	Pizza Night A Selection of Meat and Vegetable Pizzas	Thai Chicken Curry & Steak and Mushroom Pie	Fajita Night & Chilli Tortilla Bake	BBQ The BBQ will include a selection of meat and vegetarian options. Salad bar, fruit and dessert selection will also be available.	Roast Beef and Yorkshire Pudding & Turkey Escalope with Tomato & Basil Sauce
Jacket Potatoes	Daily Jacket Potato Bar with Choice of Different Toppings						
Vegetarian	Macaroni Cheese	Red Onion and Feta Quiche	Vegetarian Pizza	Mushroom Stroganoff	Vegetable Burritos		Cauliflower and Broccoli Mornay
Potatoes / Rice	Steamed Rice New Potatoes	Jacket Potatoes Garlic Bread	Curly Fries	Steamed Rice New Potatoes	Spicy Wedges		Roast Potatoes
Vegetables	Roast Mediterranean Vegetables	Spring Greens	Peas	Baby Corn with Mixed Peppers	Sautéed Vegetables Soured Cream & Tomato Salsa		Carrots Cauliflower
Dessert	Fresh Fruit Pavlova Daily Fruit Selection	Chocolate Fudge Cake Daily Fruit Selection	Banoffee Pie Daily Fruit Selection	Lemon Tart Daily Fruit Selection	Blackcurrant Cheesecake Daily Fruit Selection		Fruit Crumble and Custard Daily Fruit Selection
Salads	Daily Salad Bar						Daily Salad Bar